

George Samoutis, MD, PhD

EDUCATION/TRAINING			
INSTITUTION AND LOCATION	DEGREE	YEAR(s)	FIELD OF STUDY
Aristotelion School of Medicine	MD	1991-98	Medicine
Ministry of Health	Fellowship	1997-2005	Family Medicine
Hay Group	CME	2007-2008	Leadership and Management Skills
University of Crete, Greece	PhD	2005-2008	Family Medicine
St. George's University, London, UK	Post Graduate Certificate	2013-2015	Healthcare and Biomedical Education

A. Current Positions

2014-Present Deputy Head, Department for Primary Care and Population Health,

UNIVERSITY OF NICOSIA MEDICAL SCHOOL

2010-Present MEDICAL HEAD, CYPRUS HEALTH INSURANCE ORGANIZATION

2011-Present Associate Professor, Academic Lead for Clinical Placements, Lead for General Practice, MSc in Family Medicine Academic Lead and Programme Coordinator, ST GEORGE'S UNIVERSITY OF LONDON MEDICAL SCHOOL AT UNIVERSITY OF NICOSIA

2014-Present NATIONAL INSTITUTE FOR HEALTH AND CARE EXCELLENCE (NICE) INT ASSOCIATE, LONDON, UK.

2016- Present FOUNDER AND MANAGING DIRECTOR INTERNATIONAL INSTITUTE FOR COMPASSIONATE CARE, www.symponesis.org.

Past Positions

2010-2012 *CYPRUS HEALTH JOURNAL* *NICOSIA, CYPRUS*

2009-2011 *FREDERICK UNIVERSITY SCHOOL OF NURSING* *NICOSIA, CYPRUS*
Lecturer in Medical Syllabus (General Medicine, Emergency Medicine-Nursing, Anatomy) in Nursing and Health Management (i.e leadership and quality management in healthcare).

	OPEN UNIVERSITY OF CYPRUS	NICOSIA, CYPRUS
	Adjunct Lecturer, Department of Health Management.	
2009-2011	EHIPPOCRATES LLC	TAHOMA, WA (US)
	Co-Founder and Co-director of EHippocrates LLC in US.	
2008-2012	CYPRUS PATIENT'S ASSOCIATION	NICOSIA, CYPRUS
	<i>Chairman of the Scientific Committee.</i>	
2015-Today	NOVARTIS PHARMA SERVICES	SWITZERLAND, LONDON, CYPRUS
	Medical Head.	
	Novartis Senior Medical Trainer in Switzerland and Cyprus with approx 80 training sessions per year.	
2005 - 2009	.	

B. Honors/fellowships (Selected)

2008 First Prize award. Research competition of Limassol Medical Association. Research work: Effectiveness of a quality improvement intervention in Primary Care in Cyprus

Memberships and Committees:

2009-2013	Vice President Cyprus General-Family Physicians College
2012	European Academy of Teachers in General Practice (EURACT)
2009	Board Member, Cyprus Hypertension Society, Research Adviser
2009	European Society of Hypertension (ESH)
2008	European Association for the study of Diabetes (EASD)
2007	American College of Occupational and Environmental Medicine (ACOEM)
2006	World Family Doctors Associations (WONCA)
2006	European Respiratory Society (ERS)
2006	Drug Information Association (DIA)
2001	British Medical Association
2000	Athenian Medical Association
1998	Cyprus Medical Association

C. Publications (Selected publications relevant to this proposal)

Publications: 9, Impact Points: 12.15, Citations: 11, RG Score: 11.22

Peer Reviewed Publications

1. Tsiantou V, Moschandreas J, Bertsias A, Papadakaki M, Saridaki A, Agius D, Alper Z, Faresjo T, Klimkova M, Martinez L, **Samoutis G**, Vlček J, Lionis C General Practitioners' intention to prescribe and prescribing patterns in selected European settings: The OTCSOCIOMED project. *Health Policy*. 2015 Sep;119(9):1265-74. doi: 10.1016/j. Health Policy .2015.06.006. Epub 2015 Jul 4.
2. Lionis C, Petelos E, Shea S, Bagiartaki G, Tsiligianni IG, Kamekis A, Tsiantou V, Papadakaki M, Tatsioni A, Moschandreas J, Saridaki A, Bertsias A, Faresjö T, Faresjö A, Martinez L, Agius D, Uncu Y, **Samoutis G**, Vlcek J, Abasaeed A, Merkouris B. Irrational prescribing of over-the-counter (OTC) medicines in general practice: testing the feasibility of an educational intervention among physicians in five European countries. *BMC Fam Pract*. 2014 Feb 17;15:34. doi: 10.1186/1471-2296-15-34.
3. Paschalides C, **Samoutis G**. Helping patients to die well through education. *BMJ*. 2013 May 24;346:f3177
4. Tsiantou V, Shea S, Martinez L, Agius D, Basak O, Faresjö T, Moschandreas J, **Samoutis G**, Symvoulakis EK, Lionis C. Eliciting general practitioners' salient beliefs towards prescribing: a qualitative study based on the Theory of Planned Behaviour in Greece. *J Clin Pharm Ther*. 2013 Apr;38(2):109-14. doi: 10.1111/jcpt.12037. Epub 2013 Jan 27
5. **Samoutis G**. Paschalides C. When will the sun shine on Cyprus's National Health Service? *The Lancet* 377 (9759), 29, 201.
6. **Samoutis G**, Soteriades ES, Stoffers HE, Philalithis A, and Lionis C. Effectiveness of a quality improvement intervention in Diabetic hypertensive patients in Primary care of Cyprus. *Fam Pract*. 2010 Jun;27(3):263-70. Epub 2010 Mar 26
7. Dye NA, Meyer GM, Soteriades ES, **Samoutis G**, KT Harmon. Systems and methods for electronic medical support. *US Patent App*. 12/979,615, 2010
8. **Samoutis G**, Soteriades ES, Stoffers HE, Zachariadou T, Philalithis A, and Lionis C. Designing a multifaceted quality improvement intervention in primary care in a country where general practice is seeking recognition: the case of Cyprus. *BMC Health Services Research* 2008
9. **Samoutis G**, Soteriades ES, Kounalakis DK, Zachariadou T, Philalithis A, Lionis C. Implementation of an electronic medical record system in

previously computer-naïve primary care centres: a pilot study from Cyprus. Inform Prim Care. 2007;15(4):207-16.

10. Lionis C, **Samoutis G**, Kouroussis C, Trigoni M, Georgoulas V. Teaching cancer management to primary care health staff: the first experiences gained from Crete. J Cancer Educ. 2005 Spring;20(1):6-7.

D. Research Support (Selected)

2015-TODAY	<p>ST GEORGE'S UNIVERSITY OF LONDON MEDICAL SCHOOL AT UNIVERSITY OF NICOSIA. HORIZON 2020 HEAT SHIELD. The University of Nicosia Medical School is engaged as a partner in its first HORIZON 2020 project under the guidance of faculty member, Dr George Samoutis. The project is entitled "Integrated inter-sector framework to increase the thermal resilience of European workers in the context of global warming" (Acronym: HEAT-SHIELD) and is led by the University of Copenhagen. Total budget 5.8 million Euros.</p>
2014-TODAY	<p>ST GEORGE'S UNIVERSITY OF LONDON MEDICAL SCHOOL AT UNIVERSITY OF NICOSIA</p> <p>CREACTIVE FP7 porject. Focus Groups Lead (qualitative data collection and analysis). Seven countries consortium aiming to build a prognostic model for Traumatic Brain Injury (TBI) based on short- and long-term outcome measures; identify most effective clinical interventions for optimally treating TBI patients, and recognize the determinants of optimal vs suboptimal performance</p>
2013-14	<p>LONDON SCHOOL OF ECONOMICS AND UNIVERSITY OF NICOSIA SCHOOL OF MEDICINE</p> <p>Co-researcher and lead for Cyprus. Objective of this research was to inform the development and testing of a tool to value patients' preferences for shared decision making (SDM) model across different European settings. In doing so the study used a discrete-choice-experiment (DCE) survey. Two related manuscripts are scheduled to be submitted for publication.</p>
2014-TODAY	<p>NIVEL (NETHERLANDS INSTITUTE FOR HEALTH SERVICES RESEARCH)</p> <p>Country expert. Study on sound evidence for a better understanding of health literacy in the European Union (HEALIT4EU).</p>
2013-14	<p>ICARE4EU PROJECT : INRCA NATIONAL INSTITUTE OF HEALTH & SCIENCE ON AGEING CENTRE FOR SOCIO-ECONOMIC RESEARCH ON AGEING. Country expert for Cyprus. Project aimed to contribute to the innovation of care for (older) European citizens with multiple chronic conditions by increasing and disseminating knowledge of potentially effective and efficient models of integrated care for people with multiple chronic conditions that are developed and implemented in (parts of) European countries.</p>
2011-13	<p>ST GEORGE'S UNIVERSITY OF LONDON MEDICAL SCHOOL AT UNIVERSITY OF NICOSIA</p> <p><i>Principal Investigator for Cyprus in QUALICOPC (Evaluating costs and quality of primary care in Europe) EC funded project under the Seventh Framework Programme.</i> The project aimed to evaluate primary care systems in Europe against criteria of quality, equity and costs in 31 EU countries</p>

2009-12 **CYPRUS FAMILY MEDICINE COLLEGE, RESEARCH TEAM** **NICOSIA, CYPRUS**
Research focus: Collaborating researcher in: Assessing the over-the-counter medications in primary care and translating the theory of planned behaviour into interventions. FP7-HEALTH-2007-B-3.1-5. Better use of medicines, Coordinator: Prof C.Lionis.

2007-10 **NIVEL (NETHERLANDS INSTITUTE FOR HEALTH SERVICES RESEARCH) NETHERLANDS**
 Principal Investigator for Cyprus in PHAMEU (Primary Health Care Activity Monitor for Europe) is a research funded project by the European Community under the Public Health Action Programme (2003-2008). The PHAMEU project will cover the 27 European Union (EU) member states, one EU candidate country (Turkey), and three members of the European Free Trade Association (EFTA) (Iceland, Norway and Switzerland).

2012 **HEALTH STATUS HEALTH CARE AND LONG-TERM CARE RESEARCH TEAM, PART OF THE EUROPEAN OBSERVATORY ON THE SOCIAL SITUATION, LSE** **LONDON, UK**
 Principal Investigator for Cyprus.
 Informal care in Europe: a review of the evidence on policies and best practices

2005-08 **PH.D. SCHOOL OF MEDICINE UNIVERSITY OF CRETE- MAASTRICHT DEPARTMENT OF PRIMARY CARE**
*Thesis title: **Implementation and Evaluation of a quality improvement intervention in Primary Care of Cyprus.***

2005 ■ Skills acquired : Design, implementation and evaluation of clinical trials, teaching experience (teaching physicians and nursing primary care centers in Cyprus), selection and evaluation of quality indicators. Questionnaires design and validation, EMR implementation, conducting and analyzing interviews, focus groups, qualitative and quantitative statistical analysis, using TAR, TPB for changing behaviors, implementing chronic care model manuscript writing.

2005-09 **ICF RESEARCH TEAM** **NICOSIA, CYPRUS**
ICF (Intensive Care Forum), a non profit research organization
Coordinator: Dr. Theodoros Kyprianou, MD, Ph.D., ICU Head
 ■ **Research Focus: a)** Researcher in an EU Interreg project : *Telemedicine for patients with chronic respiratory failure and mechanical ventilation assistance : A pilot study from Cyprus* **b)** Researcher in an IPE research project responsible for the section: *Family needs of critical care trauma patients in Cyprus assessed by a qualitative methodology* **c)** Participated in the infrastructure proposal: Bio-Signalling and Endothelium in Critical Illness: A Translational Medical Research Unit.

MEDICAL DEPARTMENT NOVARTIS PHARMA SERVICES **BASEL,**

- 2005-07 **SWITZERLAND**
Research Focus: Coordinator, and research protocols writer in a significant number of studies
- UNIVERSITY OF CRETE, MEDICAL RESEARCH TEAM** **HRAKLION, GREECE**
Supervisor: Prof. Philalithis Anastasios and Prof. Christos Lionis
- 2008-09
- **Research Focus:** Researcher in an Interreg III project namely preparation of clinical guidelines for Greek and Cyprus primary care in HTN, T2DM, COPD. (nominal group, expert consensus panel process)
- OPEN UNIVERSITY OF CYPRUS** **NICOSIA, CYPRUS**
Department of Health Management
- 2007-08
- Research Focus: a) Participation as clinician in HTN and lipids management study in Cyprus. b) Principal investigator with Dr. Pavlakis in investigating : *Comparison of health care professionals' opinions self-assessments of standards of care and patients' opinions on the care they received in hospital: An Observational study from Cyprus*
- CYPRUS MINISTRY OF HEALTH** **NICOSIA, CYPRUS**
- 2009-11
- Research Focus: Enhancing Cyprus Medical Research. Preparation of MoH research office in collaboration with Dr. Kadis MoH. Medical Adviser to the Minister of Health (Harris Charalambous).
- OPEN UNIVERSITY OF CYPRUS/FRECKERICK UNIVERSITY** **NICOSIA, CYPRUS**
Department of Health Management
Dissertation 1st Supervisor in Health Management MSc dissertation projects
Inter alia:
- Impaired health related quality of life in intravenous drug users with HCV infection
 - Introduction and evaluation of a Quality Assurance System for Diagnostic / Clinical Laboratories to the Haematology Laboratory of the Lefkosia General Hospital.

